



Sports Newsletter

Autumn Feering Sports Newsletter

To meet the guidance on physical activity, schools, parents and the school sector must work together to ensure that children have access to at least 60 minutes of physical activity every day. As a school, we have worked hard this term on increasing active opportunities for all children before, during and after school. If you are interested in getting your child involved in a sports club outside of school then please speak to Mr Littlewood who can recommend one.

Tom Littlewood – PE + Active Lead

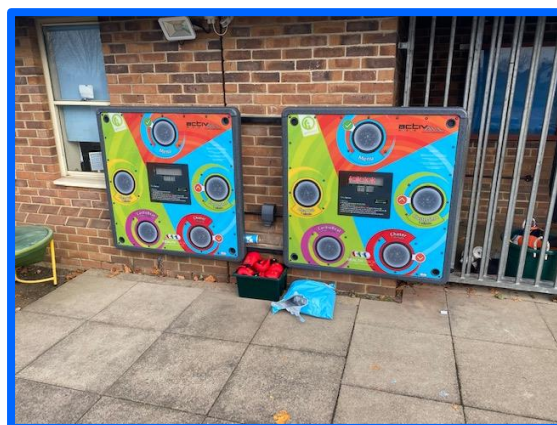


Active Cup

This term we have introduced the Active Cup! Each day a new child in each class is given an activity watch to track the number of steps they take throughout the day. The class with the most steps at the end of the week are then awarded the activity cup. As a result, we have seen children more motivated to engage in active play throughout the school day.

Flash & Bash Walls

We are really excited to announce the installation of our new Flash & Bash walls. They are hi-impact reaction walls, designed for fitness, health and fun. Combining movement, action, co-ordination and problem solving making it a great addition to increase active play at break and lunch times. The children have also been using it during PE sessions and we look forward to creating a class leader board too.



Sports Fair

To increase awareness and connections with local sports clubs, on 17th January from 3:00 – 4:00pm, Feering will be hosting a school sports fair. We have invited local sports clubs to promote their sessions and they will be available to talk to parents. We are still looking for more clubs to join us on the day so if you know of clubs which may be interested then please contact the school office to let us know.



KS2 Dodgeball

On Wednesday 10th November, a team of 10 Feering children attended the KS2 Dodgeball competition. They all played brilliantly and demonstrated fantastic teamwork, finishing in 1st position and progressed to the district finals.

At the district finals held on the 29th November, Feering faced some formidable competition but came away with 3 wins and finished in 2nd. A great achievement for all the team.

Well Done to: Evie, Lily, Elisabeth, Thomas, Riley, Jayden, James, Toby, Max and Henry.



Our Six Core Themes

Across All Saints Academy trust we have developed six core themes which are progressed through each of our PE sessions; strength, agility, throwing & catching, balance, technique and attack & defence. By teaching fundamental movement skills in KS1, we prepare children for a greater depth of learning whilst teaching specific sports in KS2. Children are also given the opportunity to officiate games during lessons, deepening their understanding of the rules.



KS2 Active Break Times

Autumn 2 Curriculum:

EYR: Dance + Ball Skills

Y1: Tennis + Dance

Y2: Fundamental Movements +
Gymnastics

Y3: Invasion Games + Reactions

Y4: Golf + Invasion games

Y5: Fitness + Basketball

Y6: Fitness + Volleyball