

ASAT PESSPA (Physical Education, School Sport, Physical Activity) Intent, Implementation and Impact

Children are more motivated to participate in active play throughout the day, increasing overall fitness levels and understanding the effect of activity on the body.

Children are Identified for demonstrating sporting values, Increasing motivation In sessions and understanding of awareness of the values.

Termly bleep tests Increase fitness levels and make children more aware of these. Challenging themselves to reach higher levels each data point.

TA's grow In confidence and can be more Involved In assessing and supporting PE session providing higher quality and more Inclusive PE sessions.

During the time at Feering children experience at least 22 different sports from all aspects of the curriculum. 89 % of children enjoy their PE

sessions and enjoy the

range of clubs they take

part in which shows that

more children can find

their passion for a sport.

multi-sport, fencing and

orienteering clubs which

were fully booked in

either the Autumn or

Spring Term.

To engage less physically These sports also encourage 'having a go' attitude and not always participating to win, 90% of children agreed that the KS2 taster weeks challenges (St.Andrew's)encourage them to get more involved in PE. As a response we now run

Active Cup step counters are used by classes to promote active movement throughout the school day.

Sports cups are awarded weekly to a child who demonstrates the sporting values Increasing the awareness of PESPPA

Implementation

Impact

Termly bleep tests are conducted In KS2 and data Is recorded to track fitness levels throughout KS2.

Intent

KS2 Classes are taught swimming with qualified coaches art a local pool and swimming lengths and competency are recorded termly.

TA's are trained to support continued assessment across all year groups.

> hours of high quality and Inclusive sport sessions 2 hours a week with a qualified

Schools are part of NEWSSP to provide more opportunities to participate In competitive sport and to Increase the amount of SEN and PPG participation In events too.

> Our curriculum Is designed to build upon previous learning as well as; children's questionnaires. access to local clubs. children's needs and providing a balanced coverage of all aspects of PE.

Children participate In 2 Sports QTS Teacher

Our curriculum offers a broad range of sports for all

children across the school, delivering 6 weekly blocks Including; Invasion games, net + wall, Striking + fielding,

dance, gymnastics, swimming and OAA

active children, In KS2 we run 6 weeks of taster sessions for sports children would not commonly take part In Including; yoga, archery, orienteering and team

The development of our PESSPA curriculum is underpinned by our intent to develop in our children:

- Develop competence to excel in a broad range of physical activities
- Are physical active for sustained periods of time
- Are confident to be able to participate and officiate in competition
- Suitably challenged and provide opportunities for all children to excel
- Have the skills and confidence to continue sport beyond the school curriculum
- Lead healthy and active lifestyles both in and out of school

To offer a broad range of extra-curricular activities, strong links are made with local clubs, with a yearly plan so a range of clubs are run over a year, Including multi-sports. As part of this, to provide PPG children the opportunity to access these, clubs offer 2 free PPG spaces.

ASAT host an annual sports fair where local clubs are Invited to showcase their sports to parents and provide free trials to children. We offer the opportunity to engage our school community to build a passion of sport beyond school.

To promote mastery, progression and transferable skills; we have created 6 core themes which are developed each year through specific sport-related sessions; attack + defend, strength, technique, agility, balance, throwing + catching

More children get involved with extra-curricular clubs as there is a wider choice. PPG children can access more clubs which they wouldn't normally be able to. We aim to fill 100% of free PPG places.

Children have a greater opportunity and awareness of local sports clubs, Increasing the chances that they will continue a passion for sport out of school further developing their sporting skills.

The 6 core themes means children are more aware of their strengths and weaknesses In PE and can actively work on these In PE sessions

Children have an understanding of a range of sports and are taught both the skills and the rules to be able to master a range of sports.

Children have the opportunity to participate in sports events, Increasing their confidence and awareness of preparation and competition.

Children are aware of transferable skills and become well-rounded sportsman/woman as a result.

The children can access a curriculum designed for them Increasing motivation levels and passion for sport beyond the school curriculum which can be accessed In the local area.