

Feering Long-Term Overview – 2021.22 Plan

Pupils should be taught to: <ul style="list-style-type: none">• Develop competence to excel in a broad range of sports• Physically active for long periods of time• Engage in competitive sport• Lead healthy, active lifestyles		KS1 <ul style="list-style-type: none">• Master basic movements including running, jumping, throwing and catching• Develop balance, agility and coordination• Participate in team games• Perform dance moves using simple patterns		KS2 <ul style="list-style-type: none">• Play competitive games and to understand attacking and defending• Develop our 6 core values• Perform dances using a range of routines• Compare and comment on their performances• Understand rules and use tactics		
Year Group	Autumn 2020		Spring 2021		Summer 2021	
	1	2	1	2	1	2
EYR	Locomotion Seasons Dance	Fundamentals Nursery Rhymes Dance	Object Manipulation Gymnastics	Target Games Gymnastics	Athletics Locomotion 2	Athletics Striking + Fielding
Year 1/2	Object Manipulation Yoga	Fundamentals Firework Dance	Net + Wall Gymnastics	Invasion Games Gymnastics	Athletics Target Games	Athletics Striking + Fielding 2
Year 2/3	Basketball Gymnastics	Cricket Football	Hockey Dance	Tennis OAA Tasters*	Athletics	Athletics Rounders
Year 4	Tri - Golf Gymnastics	Invasion games Dodgeball	Touch Rugby OAA Tasters*	Dance Football	Athletics Swimming	Athletics Swimming
Year 5	Cricket Strictly Dance	Netball HRF	Dodgeball OAA Tasters*	Volleyball Gymnastics	Athletics	Athletics
Year 6	Dodgeball Cheerleading	Volleyball HRF	Golf Hockey	Touch Rugby Rope Work	Athletics	Rounders

OAA tasters – Orienteering, Archery, Team games, Exploring, Symbols

Blue – Taught by SL